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Pandora-Gilboa Local School

We Believe That . . .

- * *Learning is a lifelong process*
- * *All children can learn*
- * *Open and honest communication fosters trust*
- * *Positive and caring relationships are the basis of a successful school district*
- * *The ability to solve problems is essential to success*
- * *Family and community support and involvement are critical to student success*
- * *A safe and secure environment is vital*
- * *Individuals deserve to be treated with dignity and respect*
- * *Students deserve instruction that meets their needs*
- * *Classroom behavior impacts learning*

Vision:

The Pandora-Gilboa Local Schools will provide all students with a world-class education

Mission:

We prepare students for life

(419) 384-3225 Main Office
(419) 384-3227 Superintendent's Office
410 Rocket Ridge Pandora, OH 45877
School Hours: 8:00 a.m. - 3:00 p.m.

School Board

Mr. Steve Doseck, President
Mrs. Marcia Hovest, Vice-President
Mrs. Kathi Amstutz
Mr. Dick Wahl
Mr. Kris Sherer

Administration

Mr. Todd Schmutz, Superintendent
Mr. Brad Deleruyelle, Treasurer
Mr. Jeff Wise, High School Principal
Mrs. Jodi Schroeder, Middle School Principal
Mr. Eric Vennekotter, Technology Coordinator

Mr. Brent Farley, Athletic Director

School Web Page – www.pg.noacsc.org

PANDORA-GILBOA LOCAL SCHOOL STUDENT ATHLETIC POLICY

MISSION STATEMENT

Participation in athletics is an important part of a well-rounded education. All students are encouraged to participate in this privilege. The mission of the Pandora-Gilboa Local School is to promote the best possible growth and development of our student-athletes by promoting self-discipline, character, teamwork, leadership, sportsmanship, citizenship, responsibility, and academic excellence through participation in athletic competition. The Pandora-Gilboa Athletic Department will strive to offer athletic programs that will instill pride and promote an individual's self-image as well as the image of the school district and community. The interscholastic athletic program will be operated and managed under the policies and guidelines set forth by the Pandora-Gilboa Board of Education and the Ohio High School Athletic Association (OHSAA). The athletic program will be based on the following premises:

1. Interscholastic athletics are an integral part of the overall educational program
2. The total development of the student-athlete is our main concern
3. The main priority for our student-athletes is academic achievement and excellence and participation in athletics should supplement and not interfere with academics
4. Contest rules, regulations, and supervision of athletic programs should insure the maximum protection of the health and safety of the participants.

Participation in athletics is a privilege. With the preceding mission statement in mind, the following rules and regulations are established for the benefit and well-being of our student-athletes.

STUDENT-ATHLETE RESPONSIBILITIES

Responsibility to self – The most important of these responsibilities is to broaden and develop strength of character. Student-athletes owe it to themselves to derive the greatest benefits from their high school and middle school experiences, to live a healthy lifestyle, and to respect their physical and mental health at all times.

Responsibility to academic studies – Academic studies and participation in other extra-curricular activities, as well as athletics, prepare student-athletes for life as an adult. Athletics, while very important to many young people, are only a small part of a student-athlete's life. It is important to understand how few student-athletes (less than 2%)

participate in college athletics and beyond. As a result, academic achievement is vital for success after high school.

Responsibility to family – Student-athletes who know in their heart that they have lived up to all the training rules, have practiced every day to the best of their ability, have played the game all out, and have displayed good sportsmanship foster self-respect and the pride of their families, win or lose.

Responsibility to community – The community and its financial support make athletic experiences possible. For that reason, student-athletes must remember they hold a clear and substantial responsibility to their community. Student-athletes assume a leadership role when they participate on an athletic team. The student body and citizens of the community know Pandora-Gilboa’s student-athletes. They are visible and judged by their conduct and attitude both on and off the field. Because of this leadership role, student-athletes can contribute significantly to school spirit and community pride. It is the desire and expectation of the Pandora-Gilboa School that its student-athletes demonstrate class and sportsmanship, not for the fact that they win, but rather that they are known as participants in programs of character and excellence.

Responsibility to younger athletes – The younger athletes and aspiring athletes in the Pandora-Gilboa School District watch and look up to student-athletes on school teams. They know who the players are and what they do. Pandora-Gilboa student-athletes are role models for those in youth programs throughout our community. Make them proud. Do not do anything to let them down. Set good examples for them.

ELIGIBILITY

All student-athletes at Pandora-Gilboa Local Schools must meet eligibility requirements set forth by both the OHSAA and the Pandora-Gilboa Board of Education.

All students participating in a school-sponsored sport must be enrolled in and attending **full time** the member school that sponsors the sport in accordance with all duly adopted Board of Education or similar governing board policies of that school. (Exception: a student who is being educated at home may participate in one or more of the District's co-curricular or extra-curricular activities providing s/he is enrolled in at least one (1) core academic class, as determined by the principal, for each semester of the school year.)

A student entering a member school from a home school must do so at the beginning of the school year after having been home schooled for at least one year. Failure to meet this one-year provision requires the student to be enrolled for a minimum of one grading period before the student can be declared eligible.

This eligibility policy will apply to all student-athletes, managers, statisticians, cheerleaders, and other extra-curricular activities at Pandora-Gilboa Local School involving students in grades 7 through 12. The school principal or district superintendent may declare a student immediately ineligible for involvement in a serious offense.

Grades 7-8

Eligibility for each grading period is determined by grades received the preceding grading period. **Semester and yearly grades have no effect on OHSAA eligibility.**

To be eligible, a student-athlete must be currently enrolled in a member school and have been enrolled in the immediately preceding grading period. During the preceding grading period, the student-athlete must have received passing grades in a minimum of **five** one-credit courses, or equivalent. A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled and must have been enrolled in school the immediately preceding grading period and received passing grades during that grading period in a minimum of **five** of those subjects in which the student received grades.

If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7th & 8th grade interscholastic athletics for the school year commencing in that calendar year (see exceptions in OHSAA bylaws).

For eligibility, summer school grades **may not** be used to substitute for failing grades received in the final grading period of the regular school year or for lack of enough courses taken the preceding grading period.

Once you have met the above conditions as required by the OHSAA, your academic and behavioral progress will be evaluated on a weekly basis for the duration of the season of that sport or activity. Your academic performance will be based on your current classroom average from the beginning of the grading period to the present point in time of that grading period. If you are noted on the eligibility list for academic, behavioral (conduct), or a combination of both deficiencies, totaling two (2) or more times, you are ineligible to compete in any contests or extra-curricular activities for that week. You may practice and travel with the team, but may not dress for the contest.

Grades 9-12

It is the belief of the teaching and coaching staffs of Pandora-Gilboa high school that athletics are an extension of the classroom and participation is part of the academic process. Eligibility for each grading period is determined by grades received the preceding grading period. **Semester and yearly grades have no effect on OHSAA eligibility.**

To be eligible, a student-athlete must be currently enrolled in a member school and must have been enrolled the immediately preceding grading period. During the preceding grading period, the student-athlete must have received passing grades in a minimum of **five** one-credit courses, or the equivalent, which count toward graduation.

Students may also be excluded from participating in the activity if they have less than a 1.0 GPA on a 4.0 grading scale.

Note: If a student is taking all course work at the post-secondary institution, the minimum number of credits required (under either the quarter or semester system) in order to maintain athletic eligibility is **13**.

If a student enrolled in high school attains the age of 19 before August 1, the student shall be ineligible to participate in high school interscholastic athletics for the school year commencing in that calendar year (see exceptions in OHSAA bylaws).

Attendance Policy:

As a student-athlete, cheerleader, student manager, statistician, band or choir member, **you must be in attendance for all afternoon classes in order to participate/practice** in any school athletic or music event scheduled. The principal/athletic director may grant exceptions to this policy in extenuating circumstances. Athletes, cheerleaders and participants in other extra-curricular activities may be declared ineligible for an unexcused absence. Work missed during an unexcused absence may not be made up. Zero points will be given for an unexcused absence.

REQUIRED FORMS TO BE COMPLETED, AND ON FILE BEFORE THE STUDENT WILL BE ALLOWED TO PRACTICE.

Physicals

- a. A physical must be completed.
- b. The OHSAA physical form must be completed.
- c. The physician, the participant and the parent/guardian **MUST** sign the physical form.
- d. Only one physical is required per school year.

Insurance forms

- a. The proof of insurance form must be completed.
- b. The form must be signed by the parent/guardian and **MUST** include a policy number.
- c. It is mandatory that all athletes be covered by insurance in order to participate.
- d. A new insurance form must be completed for **each season** of participation.

Emergency Medical Forms

- a. A completed emergency medical form must be on file.
- b. The emergency medical form **MUST** be signed by the parent/guardian.
- c. Emergency Medical Forms must be taken to all contests.

Athletic Handbook Policy Form

- a. The athletic handbook policy form must be completed.

- b. The athlete and the parent/guardian **MUST** sign the athletic handbook policy form. Any additional team rules must be attached to the code. **It is required that the athletic handbook policy form be signed and returned before the athlete participates in the first practice of the season.**

Preseason OHSAA meeting

- a. All student-athletes must attend the mandatory OHSAA preseason meeting to be eligible for participation

Concussion Information Sheet

- a. The student-athlete and parent/guardian **MUST** sign the concussion information sheet
- b. A new concussion information sheet must be completed for each school year

PLAYING TWO SPORTS IN ONE SEASON

A high school student-athlete may participate in one or more sport in the same season under the following conditions

1. The student-athlete chooses to participate in two sports
2. Parent(s)/Guardian(s) approve
3. Both head coaches involved approve
4. The athletic administration is aware of the details and approves
5. All of the above conditions are met prior to the first regular season contest of the two sports in question

Student-athletes playing two sports in one season must declare a “major” and “minor” sport for the season in question. The student-athlete must follow the following schedule of priorities:

1. Major sport contest
2. Minor sport contest
3. Major sport practice
4. Minor sport practice

QUITTING A SPORT

An athlete enrolled in a sport and wishing to quit the team and enroll in another sport during the same season must sit out (15) fifteen practice days before being eligible to participate in an interscholastic competition of the new sport.

If a student quits one sport and joins another sport during the same season and successfully sits out the required (15) practice days, the student will then be eligible to participate in the second sport.

EMERGENCY MEDICAL ATTENTION

1. Minor injuries
 - a. Coach and/or medical trainer will treat a minor injury
 - b. Coach will follow up by contacting parent/guardian as soon as possible.
2. Serious Injuries
 - a. Coach will contact parent/guardian as immediately as possible
 - b. If deemed necessary, the coach and/or medical trainer will call the rescue squad
 - c. Whenever possible, a school employee will accompany the injured athlete to the hospital
 - d. Coach will notify Athletic Director/Principal/Superintendent as soon as possible

AWARDS

** All awards given at the recommendation of the head coach, subject to approval by the athletic director.

THROUGH CLASS OF 2017:

1. 7th and 8th Graders
 - a. 7th grade...Junior High letter, if one has not been earned in another sport, and a pin in the specific sport in which they lettered in.
 - b. 8th grade...Junior High letter, if one has not been earned previously, and a pin in the specific sport in which they lettered. If the student/athlete has lettered in the specific sport earlier, then they receive a gold participation bar, indicating they have lettered in that sport previously.
2. Varsity
 - 1st year
 1. Varsity "PG" letter, if one has not been earned in another sport
 2. Participation Bar
 - 2nd year
 1. Pin
 2. Participation Bar
 - 3rd year
 1. Trophy
 2. Pin and participation bar
 - 4th year
 2. Trophy
 3. Pin and participation bar

3. JV

1st year

1. JV letter, if one has not been earned in another sport
2. Participation bar

2nd, 3rd

1. Participation bar

4. Freshman

1. Numerals, if they have not been earned in another sport.
2. Participation bar

5. Special Awards

- a. Trophies and plaques will be awarded to athletes as the discretion of the head coach or designee, subject to the approval of the athletic director.

BEYOND THE CLASS OF 2017:

1. 7th and 8th Graders

- a. 7th grade...Junior High letter, if one has not been earned in another sport, and a pin in the specific sport in which they lettered in
- b. 8th grade...Junior High letter, if one has not been earned previously, and a pin in the specific sport in which they lettered. If the student/athlete has lettered in the specific sport earlier, then they receive a gold participation bar pin, indicating they have lettered in that sport previously.

2. Varsity

- a. Given at the recommendation of the head coach, subject to the approval of the athletic director

1st Year

1. Varsity "PG" letter, if one has not been earned in another sport
2. Participation bar

2nd Year

1. Pin

3rd Year

1. Trophy
2. Pin

4th Year

1. Trophy
2. Pin

3. Junior Varsity
 - a. Given at the recommendation of the head coach or designee, subject to the approval of the athletic director

1st Year

1. JV letter, if one has not been earned in another sport
2. Participation bar

4. Freshman
 - a. Numerals, if they have not been earned in another sport

5. Special Awards
 - a. Trophies and plaques may be awarded to athletes at the discretion of the head coach or designee, subject to the approval of the athletic director

TRANSPORTATION

1. All coaches, players, managers, cheerleaders, statisticians, and camera operators must travel to and from contests in school provided transportation arranged by the district's athletic department.
2. Alternate transportation is allowed only with a parent, guardian, or legal custodian. This request must follow the procedures outlined in the "Team Rules" section of this code.
3. A school bus or school van, with a certified driver (when numbers are 9 or less), shall be the only source of transportation for athletic teams and groups of students.
4. Extra-curricular activities done by groups or organizations during the school day must be transported in school provided transportation (e.g. leadership conferences, quiz bowl competitions, yearbook sales, band/choir functions etc.).

TEAM SELECTIONS AND PLAYING TIME

It is the philosophy of Pandora-Gilboa Local School that athletic participation is open to as many students as possible. However, due to limitations of space, equipment, and numbers of players needed, it is sometimes necessary to limit the number of athletes on a particular team. Likewise, due to the competitive nature of sports as well as the situational nature of a particular sports season, participation in games and contests is not guaranteed to any student-athlete. Decisions made by the head coach regarding team selection and playing time are final and not subject to discussion.

SPORTSMANSHIP GUIDELINES

Pandora-Gilboa Local School believes that interscholastic competition involving member schools should be governed by the basic principles of good sportsmanship. Staff/team personnel/parent are governed by the sportsmanship policy established by the OHSAA.

Pandora-Gilboa Local School is committed to upholding the ideals for good sportsmanship, ethics, and integrity. It is important that the actions of the participants, coaches, and spectators be a positive reflection on the school community.

TEAM RULES

Every coach is encouraged to have their own set of team rules to apply to the individual sport. These rules will be approved by the athletic director and will be used and enforced by the coach and/or athletic director at their discretion.

1. Dress code
 - a. Appropriate dress, as determined by the head coach, shall be worn by all student-athletes during team functions and other times deemed necessary by the head coach.
 - b. School owned uniforms are to be worn only for proper school activities unless permission is granted by the coach, principal, or athletic director.
2. Procedures for missing team functions
 - a. Contact the head coach as soon as you are made aware of the situation
 - b. Contact the assistant coach only when the head coach is not available
 - c. Contact the athletic director when all coaches are not available.

** All student-athletes are to be at every team function if possible. Missed team functions may result in disciplinary actions to be determined at the discretion of the head coach.
3. Releasing students to parents
 - a. The legal guardian(s) only is permitted to take his/her student-athlete home. There will be no exceptions.
 - b. The legal guardian, along with the student-athlete, must confer with the coach explaining the situation prior to dismissal.
 - c. A note signed by at least one legal guardian must accompany the conference with the legal guardian outlining the reason for dismissal.

**All student-athletes are expected to travel to and from team functions with the team. If for some unseen reason this cannot be done, these guidelines must be met.
4. Cyber Image/Social Media guidelines
 - a. Any identifiable image, photo, or video that implies a student-athlete has been in the possession or presence of alcohol or drugs, or that portrays actual use or out of character behavior or crime, shall be considered confirmation of a violation of the code of conduct, with disciplinary action to be determined by the head coach and/or athletic director. Since there is no way to establish a timeframe when or location where an image was taken, it shall be a responsibility that the student-athlete must assume. It should be understood that persons may attempt to implicate a student-athlete by taking or manipulating such images in order to place the student-athlete in a situation where he or she might be in violation of the code of conduct. This is another rationale for demanding that student-athletes not place themselves in the presence of illegal alcohol or drug use.

HAZING/BULLYING

It is the position of the Pandora-Gilboa Local School that hazing/bullying activities of any type are prohibited. Under no circumstances will hazing/bullying be tolerated. Hazing is defined as any act of coercion or harassment toward another, including the victim, into actions that create substantial risk of mental or physical harm to any person as part of an initiation. In addition to being subject to school disciplinary procedures, as written in the student code of conduct (rule #4), a person guilty of hazing is subject to punishment under ORC 2903.31. Bullying is defined as any intentional written, graphic, verbal, or physical act that a student or group of students exhibits toward another particular student(s) more than once and the behavior both causes mental or physical harm to the other student(s) and is sufficiently severe, persistent, or pervasive that it creates an intimidating, threatening, or abusive educational environment for the other student(s); or violence within a dating relationship. In addition to being subject to school disciplinary procedures, as written in the student code of conduct (rule #4), a person guilty of bullying is subject to punishment under ORC 3319.666. Student-athletes found guilty of hazing and/or bullying are subject to punishment at the discretion of the head coach and/or athletic director with a penalty that may range from a 20% reduction of participation to removal from the team.

DRUG/ALCOHOL

It is the mission of the Pandora-Gilboa Local School to promote a **drug-free** athletic program.

1. No buying, selling, or distributing of alcohol, intoxicants, illegal drugs, illegal performance enhancing drugs, drug paraphernalia, look-alike drugs, or tobacco in any form.
2. No possession or use of any intoxicants, illegal drugs, illegal performance enhancing drugs, drug paraphernalia, look-alike drugs, or tobacco in any form.

1st Offense: The first offense in a student-athlete's career will result in a 20% of the season suspension (not including scrimmages). Contest/game/performance suspensions will carry over to the next sports season when applicable.

2nd Offense: The second offense in a student-athlete's career will result in a suspension for the remainder of the current sports season. If the second offense occurs after the mid-point of the sports season, the suspension will carry over to the next sports season to equal 50% of the combination of contests/games/performances of the two sports seasons to be played (not including scrimmages).

3rd Offense: The third offense during a student-athlete's career will result in a suspension from school sponsored athletics for one calendar year from the date of occurrence.

If the suspension of participation occurs with less than the required number of contests/games/performances left, students may or may not receive an award at the discretion of the head coach (subject to approval by the athletic director).

Refusal to complete these procedures will warrant a suspension from school sponsored athletics for one calendar year from the date of the occurrence.

Only law enforcement officials, school administration including the Athletic Director and head coach, or other deemed appropriated by the coach and athletic administration may initiate an investigation in which a Pandora-Gilboa athletic code of conduct rule is in question.

Definitions:

Alcohol – Any liquor, wine, beer, or other beverage containing intoxicating substances.

Distributing – Making available to or passing on to another individual (even if not for profit) any alcohol, drug, or tobacco products

Drugs – Any drug listed in schedule I through V of the “Controlled Substances Act” 21 U.S.C. § 801 et al. Drugs include any drugs being used illegally, such as a prescription drug that was not legally obtained, or is not being used for its intended purpose, or in its prescribed quantity.

Drug Paraphernalia – Equipment or apparatus designed for or used for the purpose of measuring, packaging, distributing, or facilitating the use of drugs.

Possession – Alcohol, tobacco, drug, or drug paraphernalia physically on or in student’s body; or physically within their personal property (i.e. backpack, coat, etc.); being present in a car, locker, or other confined area where alcohol or controlled substances are being used or are present.

Tobacco – Any product with tobacco as an ingredient that is smoked, chewed, inhaled, or placed against the gums.

CRIMINAL ACTS/CIVIL LAW

Student-athletes are prohibited from participating in any criminal act or other act that violates civil law. The penalty for committing an act that violates criminal or civil law will range from a 20% reduction of participation to removal from the team. The determination will be decided by the Athletic Director and/or school principal.

PROCEDURAL PROCESS IN EVENT OF A VIOLATION

1. If a rule violation is suspected, the coach/advisor and/or Athletic Director will have a preliminary meeting with the participant(s) involved.
2. The participant(s) shall be provided an opportunity to explain their side of the story.

3. If the coach/advisor and/or Athletic Director determines a rule violation has occurred, the coach/advisor and/or Athletic Director will meet with the participant and provide written notice of the disciplinary action and the reasons for that action.
4. The coach/advisor and/or Athletic Director will make personal contact with the parents, followed by written notice of the disciplinary action and the reasons for that action.

APPEALS

The participant(s) shall be given the right to appeal the decision of the coach/advisor and/or Athletic Director to the school principal. The student may not participate in contests, competitions, or performances during the appeal process, but may practice at the discretion of the coach/advisor. A written request for appeal must be received within five school days following the participant's receipt of the written decision being appealed. All involved parties may be called in for a hearing or fact finding discussion. The principal will provide a written decision on this appeal within five school days following a hearing.

The participant(s) shall be given the right to appeal the decision of the principal to the school superintendent. The student may not participate in contests, competitions, or performances during the appeal process, but may practice at the discretion of the coach/advisor. A written request for appeal must be received within five school days following the participant's receipt of the written decision being appealed. All involved parties may be called in for a hearing or fact finding discussion. The superintendent will provide a written decision on this appeal within five school days following a hearing.

The participant(s) shall be given the right to appeal the decision of the superintendent to the Pandora-Gilboa Board of Education. The student may not participate in contests, competitions, or performances during the appeal process, but may practice at the discretion of the coach/advisor. A written request for appeal must be received within five school days following the participant's receipt of the written decision being appealed. All involved parties may be called in for a hearing or fact finding discussion. The Pandora-Gilboa Board of Education will provide a written decision on this appeal within five school days following a hearing.

RELATIONSHIP OF THESE RULES TO THE DISTRICT'S CODE OF STUDENT CONDUCT

These rules supplement the Pandora-Gilboa Local School student code of conduct and are administered independently of that code. A violation of these rules may also independently violate the student code of conduct and result in the participant's suspension or expulsion from school or the participant's removal from a curricular or extracurricular activity in addition to any disciplinary penalty that is called for under these rules.

Any student suspended from school by an in-school or out-of-school suspension shall be declared ineligible to participate during the period of suspension. Suspensions that include Friday or vacation days shall render a student-athlete ineligible for all competitions, contests, or performances over the weekend or until the return to regular classes.

COACH/PARENT RELATIONSHIP

Clear communication between coaches and student-athletes and coaches and parents is vital to a successful athletic program. It is the intent and goal of our athletic programs that coaches, players, and parents will work together and that there will be no circumstances that would warrant intervention steps. Following any dispute or concern, the following measures should be taken:

1. Any initial concern should be resolved between the **head coach** and player/parent.
2. If step #1 does not resolve the concern, the **athletic director** shall be contacted by the coach with an immediate meeting to take place between all parties involved.
3. If step #2 does not resolve the concern, the **principal** shall be contacted by the athletic director with an immediate meeting to take place between all parties involved.
4. If step #3 does not resolve the concern, the **superintendent** shall be contacted by the principal with an immediate meeting to take place between all parties involved. If the matter rises to this step, the superintendent shall make the final decision resolving the concern.

If the coach cannot be reached, contact the Athletic Director and an appointment with the coach will be arranged.

Please do not attempt to confront a coach directly before or after a game or contest or practice session. These can be emotional times for both the parents and the coach. Meetings of this nature often do not promote resolution.

EXPECTATIONS FOR PARENTS

Parents play a vital role in the development of their child's character and decision-making skills as well as the development of his or her athletic ability. A student-athlete's success, his or her team's success, and ultimately the athletic program's success is a partnership between the student-athlete, his or her parent(s), the coaches, and the athletic administration.

Recognizing parents' important roles in the success of their student-athletes, it is expected parents will:

- Be a positive role model so that, through their actions, they can help make sure their student-athlete(s) has the best athletic experience possible
- Be a "team" fan, not a "my kid" fan
- Weigh what their student-athlete(s) says in any controversy, rather than rushing to judgment
- Show respect for the opposing players, coaches, and fans
- Be respectful of all officials' decisions
- Not instruct their student-athlete(s) before, during, or after a game, because it may conflict with the coach's plans and strategies
- Praise their student-athlete(s) in his or her attempts to improve as a student, as an athlete, and as a person

- Gain an understanding and appreciation for the rules of the sport in which their student-athlete(s) competes
- Recognize and show appreciation for an outstanding play by either team
- Help their student-athlete(s) learn that success is experienced in the development of skills and that an individual can feel positive about his or her skill development during the season regardless of the team's record
- Take the time to talk with coaches in an appropriate manner, including proper time and place, if they have a concern
- Support the tobacco, alcohol, and other drug-free expectations of the school district by refraining from the use of any such substances before and during athletic contests.
- Support and reinforce the expectations set out in the code of conduct

EQUIPMENT/FACILITIES

Student-athletes will be issued equipment with the provision that it will be returned at the end of the season. Student-athletes will accept responsibility for the cost of lost equipment. A student-athlete may not receive any awards until all issued equipment (or payment for equipment) has been returned to the coach. Student-athletes may be assessed a fee on their student record for all "lost equipment" that has not been returned by the end of the season.

Game and practice uniforms will be issued prior to the start of a season (or by contest) and are not to be worn at any time or other than an athletic contest or practice unless approved by the coach. The rule for "lost equipment" as aforementioned (under equipment) applies to all game and practice uniforms.

Student-athletes are also asked to respect school training facilities and to assist the coach and team in maintenance and upkeep of all facilities.

